



**International College of Nutrition**  
presents

**XVII<sup>th</sup> World Congress on Clinical Nutrition**  
Sofia, Bulgaria  
October 24 -26<sup>th</sup>, 2013

**Theme: Joining Cultures through Nutrition and Cardio  
Vascular and Other Non-Communicable Diseases**

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**For registration you can use also:**

<http://www.cim.bg/index.php/en/view/wccn-and-iccd-2013>

**SPONSORS:** International College of Nutrition; International College of Cardiology;  
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**XVII<sup>th</sup> WORLD CONGRESS ON CLINICAL NUTRITION**  
*(Theme: Nutrition and natural factors in Health & Disease)*

**Sponsored by:**  
**International College of Nutrition**

**Dear Colleagues,**

On behalf of the organizing committee, we are pleased to invite you to attend the 17<sup>th</sup> World Congress on Clinical Nutrition to be held in Sofia, Bulgaria during the fourth week of October, 2013. This meeting will be organized under sponsorships of the International College of Nutrition and other organizations to be named later.

This is an exciting time to work in the area of functional food, nutritional factors and natural health products of dietary and non-dietary origin. In recent years we have pushed forward the frontiers of knowledge in areas such as diabetes, heart disease and cancer. While medicine has undeniably made important progress in learning how to improve the treatment of these diseases, the truly dramatic advances have come from our rapidly increased understanding of how these pathological conditions can be prevented by lifestyle change, especially by diet and natural health products. It is this approach that holds the true promise for the conquest of these modern plagues on humanity.

Program areas will range from molecular and cellular biology to clinical nutrition. There will be simultaneous sessions of the “Functional Foods and Nutrition”, “Natural Health Products”, and “Designer Foods”. This meeting will bring together some of the foremost experts in these fields, and promises to enrich our knowledge as to the role of these substances.

We hope to have a rewarding time while you are in Sofia, which is the capital city of Bulgaria with historical significance and is featured by an intriguing blend of parks, charming boutiques and museums; easily accessible to popular mountain Vitosha.

We look forward to meeting you all in Sofia, Bulgaria.

**Dr. S. N. Acharya, PhD, FICN**  
**Executive Director, ICN**

**Dr. Krasimira Hristova, MD, PhD, FICN**  
**Secretary General**

## ICN AWARDS TO BE PRESENTED AT THE XVII<sup>th</sup> WCCN

**Members actively participating in the ICN activity and demonstrating significant scientific contribution to human nutrition will be selected for the following awards:**

Dr. Zumkley Memorial Award	Dr. Z. Shoumin Memorial Award
Dr. P. V. Sukhatme Memorial Award	Dr. J. Nag Memorial Award
Dr. J. C. Patel Memorial Award	Dr. T. K. Basu Felicitations Award
Dr. H. Mori Felicitations Award	Dr. S. S. Rastogi Felicitations Award
Dr. R. B. Singh Felicitations Award	Dr. S. N. Acharya Felicitations Award

### INTERNATIONAL COLLEGE OF NUTRITION

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### KEYNOTE SPEAKERS:

1. Dr Lekh Raj Juneja (Japan), Nanoparticles in Functional foods
2. Dr Toru Takahashi (Japan), Functional foods in GIT dis.
3. Dr Sukhinder Kaur Cheema (Canada), W-3 fatty acids
4. Dr Manohar Garg (Australia), w-3 fatty acids and telomeres.
5. Dr JP Sharma (India), The Brain-Heart Connection.
6. Dr Kumar Kartikey (India) Inflammation, Osteoporosis and atherosclerosis.
7. Dr Garima Singh, Enteral Nutrition in Critical Care.
8. Dr Fabien De Meester (Belgium), Nutrition and Body-Mind Index.
9. Dr Agnieszka Wilkzyska (Poland) Nutrition and Psychological disorders.
10. Dr David Alpers (USA), Nutrition in NCDs
11. Dr R Watson (USA), Nutrition in NCDs
12. Dr Angel Gil (Granada, Spain)
13. Dr. Rudolf Bauer, (Austria) Functional foods.
14. Dr. Costas Ioannides, (England), E.mail: Antioxidants in Foods.
15. Dr Danik Martirosyan (USA), Organic Functional Foods
16. Dr RB Singh (FAO)- Functional Food Security and Agricultural Policy.
17. Dr SK Jain (USA), Oxidative Stress and Nutrition.
18. Dr Kuniaki Otsuka (Japan) Nutrition in Chronobiology.
19. Dr Mrs Christina Zumkley (Germany) Introduction to ZMA.
20. Dr Amit Krishna De (India) Flavonoids in Spices and health.

## **SCIENTIFIC PROGRAM TOPICS:**

**Biology and biochemistry of nutrients, health and disease**  
**Epidemiology of nutritional factors**  
**Nutrition, risk factors and novel biomarkers**  
**Nutritional modulation of genetic expressions and inheritance**  
**Nutrition, health and chronic diseases**  
**Nutrition and the brain function**  
**Foods and gut; Prebiotics and Probiotics**  
**Physical activity, Yoga, nutrients and wellbeing**  
**Nutraceuticals and functional foods**  
**Complex and refined carbohydrates**  
**Fats, oils and fatty acids**  
**Macro and micronutrients**  
**Food flavours and taste**  
**Designer foods and Functional Foods**

## **ABSTRACTS:**

The abstract should have less than 250 words; type only on one page font size 12. Type title in capital letters, author names in the second line, followed by institution, city and country continuously. Leave one space then type the abstract; including background, objective, methods, results and conclusions. Type address for correspondence at the end with email address and tel/fax. The abstracts should be sent by e-mail: [abstracts\\_icn@abv.bg](mailto:abstracts_icn@abv.bg) until 31.05.2013.

## **PARTNERS:**

Taiyo Kagaku Co. Ltd, Yokkaichi, Japan (Dr. Lekh Juneja, Japan)  
Tehran Gym Club, Iran (Dr. M. Moshiri, Canada)  
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