



**17<sup>th</sup> World Congress  
on Clinical Nutrition (WCCN)**

**24-26 October, 2013  
Sofia, Bulgaria**



**7<sup>th</sup> International Congress  
on Cardiovascular Diseases (ICCD)**

## GENERAL INFORMATION

### CONGRESS VENUE

The 17th World Congress on Clinical Nutrition (WCCN) and the 7th International Congress on Cardiovascular Diseases (ICCD) will take place in the Congress centre of Princess Hotel, Sofia, Bulgaria. Princess Sofia Hotel is a luxurious fully renovated 4-star hotel. It is the largest city hotel, specialized in congress, corporate and group tourism. It received the award "The best congress hotel for 2009" Princess Hotel has approved name and offers 5-star quality equipment and service.

Princess Hotel  
Address: 131 Maria Louisa Boulevard, 1202 Sofia  
[www.bgprincess.com](http://www.bgprincess.com)



### OFFICIAL CONGRESS AGENT



Company for International Meetings - CIM Ltd. will provide the entire logistics support of the events. Participants are requested to contact CIM directly for services included in the Registration Form.

Contact person: Mrs. Petia Stretovich  
Phone: + 359 2 988 80 35 / 980 89 61, fax: + 359 2 980 6074  
E-mail: [petia@cim.bg](mailto:petia@cim.bg) ; [cim@cim.bg](mailto:cim@cim.bg)  
Address: 18, Christo Belchev Str., 1000 Sofia, Bulgaria  
[www.cim.bg](http://www.cim.bg)

For information on registration, hotel booking, gala dinner, tours and transfers, please contact CIM.

### REGISTRATION



The Registration Desk will be located in the congress lobby of Princess Hotel. It will open at 9.00 a.m. on 24 October 2013 and will operate till the end of the Congresses.

All participants are kindly asked to register by sending the completed Registration Form and making the necessary payment of the Registration fee to the Company for International Meetings by bank transfer or by credit card.

Payments of registration fee on spot should be settled in cash (Euro) or by credit card at the Registration Desk, in Princess Hotel upon arrival.

*Please, note that there is 2 % bank charge over the amount for payments made by credit card.*

## Registration fees are:

### Early bird registration /prior to 30 April 2013/

ICC member delegates and students – 250 €

Other delegates – 250 €

### Late registration fee /after 30 April 2013/

ICC member delegates and students – 275 €

Other delegates – 300 €

### Registration on spot

All delegates - 350 €

### Accompanying person's registration fee - 150 €

**The registration fees for delegates include:** attendance to all scientific sessions of both congresses, access to the exhibition, coffee-breaks and refreshments, lunch and Welcome drink, certificate of attendance.

**The accompanying person's registration fee includes:** coffee breaks, Welcome drink and one-day tour to Rila Monastery.

### Cancellation of registration

Registration fees are non-refundable.

## OFFICIAL LANGUAGE

The official language of the Congresses is English.

## GALA DINNER /optional/

Gala Dinner is optional. It will take place on 25 October /Friday/ in Diamond Ball Room in Princess Hotel. The rate of the Gala dinner is 50 euro per person /meals, drinks and program included/. Advance payment until 10 September is necessary.

## HOTEL BOOKING

Rooms at preferential prices are booked for the participants in Princess Hotel – venue of the Congresses.

The hotel is conveniently located 10 km from the Sofia Airport, near the centre of Sofia, just opposite the Central Railway station and the Central Bus station.

### Superior Room

Superior room with French or twin bed, wonderful view to the city from top floors, features air-conditioning and central heating, wireless internet in room, complimentary coffee and tea making facilities and a bottle of mineral water, minibar, satellite TV, working desk, smoke - fire detector, bathroom with bathtub, hair-dryer, telephone and toiletries. These rooms are located between floors 12th and 16th.

### Standard Room

All 400 standard rooms feature direct-dial telephone, mini-bar and electronic door-lock system, room service, working desk, satellite TV, bathroom with bathtub, air conditioning and central heating, hair dryer and smoke-fire detector.

### Hotel rates

PRINCESS HOTEL	single occupancy	double occupancy
Superior room	70 €	80 €
Standard room	55 €	65 €

The prices are in Euro per room per day and include breakfast and all taxes. Room rates are only valid for reservations made with CIM. Any change of booking must be sent to CIM and not directly to the hotel.

Upon request hostel accommodation could be provided.

Hotel booking should be made by sending to CIM a completed Registration Form by e-mail or fax.

**The application for hotel accommodation is guaranteed by full prepayment of the required stay by 10 September 2013.**

**Changes of hotel booking without cancellation fee are accepted by 4 October 2013.**

**No refunds will apply after this date.**



### Confirmation

A letter of confirmation will be sent to participants on receipt of the Registration Form and respective payment.

## TRAVEL INFORMATION

Sofia Airport is situated in 10 km from Princess Hotel /the events' venue/. Arrival and departure transfers will be arranged for all participants upon preliminary request at the price of 15 Euro per person in one direction. Precise travel details should be given to CIM at least two weeks prior to arrival. In case of "last minute" changes in your travel arrangements, please inform CIM by fax or e-mail. For safe and comfortable trip to Princess Hotel it is advisable to use CIM transfer services. Taxis are also available at the Airport.

## TOURS

### T-1 Pre-congress one-day tour to Plovdiv with wine-tasting

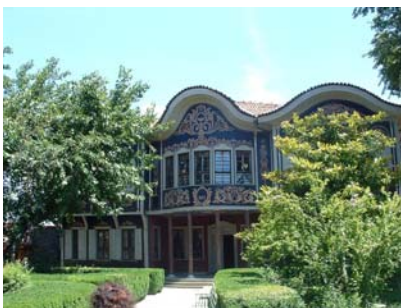
Date: Thursday, 23 October

Rate: 90 euro (transport, professional guide in English, museum fees, wine-tasting and lunch included)

*Minimum of 10 persons is required.*

*Plovdiv is one of the biggest cities in Bulgaria and one of the oldest cities in Europe with its history starting about 8000 years ago. It is situated on both banks of Maritza River, in the upper part of Thracian Valley. Its rich well-preserved architectural, historical, and cultural heritage has made an important tourist center out of it. As a city (not just settlement), Plovdiv is more ancient than Rome, Athens, Carthage, or Constantinople and is considered to be a coeval of ancient Troy. Nowadays city has been built upon ruins of many previous cities; its culture has developed based on many previous cultures' heritage.*

*The trip will include a walking tour in the Old town of Plovdiv and a visit of Todoroff Boutique Wine Cellar with wine-tasting and lunch. Todoroff Boutique Wine Cellar is specialized in production of high quality red wines of "Mavrud", "Merlot" and "Cabernet Sauvignon" grape varieties in boutique series of limited quantity. The cellar is situated in one of the symbolic for the Bulgarian wine production villages - the village of Brestovitza.*



### T-2 One-day tour to Rila Monastery with lunch /included in the accompanying person's registration fee/

Date: Friday, 25 October, 9-18 h

Rate: 85 euro (transport, professional guide, museum fee, lunch and soft drink included)

Payment: advance payment by 5 September is necessary.

*Minimum of 10 persons is required.*

*Rila Monastery is the biggest operating monastery in the country and one of the most important cultural sights in Bulgaria. It has been founded in 10 century by Bulgarian monk Saint Yoan of Rila and rebuilt in 13-14 centuries. This is the period when the stone tower was erected by local feudal Hreljo Dragovola. Bishop's chair, wood-carved door, some books, icons, and church plates are of the same period. 19 century frescos are remarkable. Nowadays, monastery preserves valuable Bulgarian written records: about 250 hand-written books of 11-19 centuries, 9000 incunabula, notated hand-written records, 19 century graphic prints, etc. Rila Monastery is inscribed into UNESCO World Cultural and Natural Heritage List since 1983.*



### T-3 Half-day Sofia sightseeing tour

Date: Saturday, 26 October, afternoon

Rate: 25 euro (transport, professional guide, museum fee included)

*Minimum of 10 persons is required.*

*Sofia is one of the most ancient European cities. Its history is considered to have started 8 000 years ago (6 000 years BC). In the city, there are material and spiritual traces of all civilization periods. Pedestrian tour includes passing by Saint Nedelya Church, Saint George Rotonda (the most ancient building preserved in the city, part of a big ancient complex of buildings of early 4 century AD), Serdica Fortress Eastern Gate (built in 178-183 AD), Ivan Vazov National Drama Theatre, National Fine Arts Gallery (ex royal palace), Saint Nicolas Russian Church, Tzar Liberator Monument, Saint Sofia Church (an Early Byzantine three nave basilica, built in 4 century AD), Saint Alexander Nevski Cathedral.*

## T-4 A six-day post-congress tour

Date: 27 October – 1 November

Rate: 540 euro per person in a double room (one overnight in Veliko Tarnovo, two overnights in Varna, one overnight in Nessebar and one overnight in Kazanluk in 3\* and 4\* hotels, all meals, transport, professional guide, museum fees)

Single room supplement: 95 euro

*Minimum of 10 persons is required.*

A six-day tour by bus will be organized around Bulgaria, starting with visits to sights in North Bulgaria, going east to Bulgarian Black Sea Coast and coming back to Sofia through South Bulgaria.

Sofia - Veliko Tarnovo – Varna – Nessebar – Kazanluk – Sofia



**Veliko Tarnovo** is one of the most ancient cities in Bulgaria. It is situated along picturesque Yantra River. Its history starts about 5000 years ago. Highlights: Tzarevetz Fortress, old town of Veliko Tarnovo.

**Varna** is the biggest city in North Bulgaria and on Bulgarian Black Sea coast. It has many-centuries-long history. First settlement discovered on its territory dates back to 6th millennium BC. Nowadays, the city is a big cultural center with well-developed sea tourism being as well a starting point to a number of North Black Sea Coast Resorts. Highlights: Varna Naval Museum, Vladislav Varnenchik Museum, Aladja Monastery, Kaliakra Sea Fortress, Balchik Castle and the botanical garden.



**Nessebar** is one of the most ancient cities in Europe inheriting the Old Thracian town of Mesambria founded in 2nd millennium BC. Antique fortress wall with gate remains of 3-4 centuries, Nessebar Churches of 5-6 centuries, as well as medieval ones of 10-14 centuries – exquisite works of medieval Bulgarian and Byzantine architecture, about 60 houses of 19 century gathered in a number of ensembles, give unique appearance and special atmosphere to the city.



**Kazanluk** – visit to the Thracian tomb - a unique aesthetic and artistic work, a masterpiece of the Thracian creative spirit. This monument is the only one of its kind anywhere in the world. The exceptionally well preserved frescos and the original condition of the structure reveal the remarkable evolution and high level of culture and pictorial art in Hellenistic Thrace.

## Terms and Conditions for the tours

Payment: **advance payment by 10 September is necessary.**

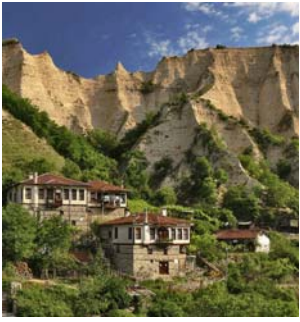
Cancellation policy:

⇒ full reimbursement of the amount less 20 % administrative charge for cancellations made by 27 September

⇒ no refunds will apply after 27 September

**Note:** Please note that an additional overnight in Princess hotel is needed to be booked before/after the tours T-1 and T-4. Please, make sure to mark the necessity of an additional overnight in the hotel booking section of the Registration Form.

# BULGARIA



Bulgaria is a part of the Balkan Peninsula in South Eastern Europe. The state of Bulgaria was first founded in 681 AD and since then has a long and varied history. Its capital is Sofia. Founded over 7000 years ago, Bulgaria's modern capital testifies to the country's eternal bond between past and present. Monuments to its rich Thracian, Roman, Bulgarian and Ottoman history rub shoulders with modern-day edifices of cosmopolitan city life. Over 250 historic landmarks and architectural monuments blend in with the city's modern skyline.



# SOFIA

Founded over 7000 years ago, Bulgaria's modern capital testifies to the country's eternal bond between past and present. Monuments to its rich Thracian, Roman, Bulgar and Ottoman history rub shoulders with modern-day edifices of cosmopolitan city life. Over 250 historic landmarks and architectural monuments blend in with the city's modern skyline.



## PASSPORTS & VISAS

Only valid passports are required from all the EU countries. Delegates from countries where visa is normally required for entry to Bulgaria are reminded that they will need to obtain one from the appropriate Bulgarian Embassy/Consul. Please check at the nearest Bulgarian Embassy all the documents required for your country or visit:

<http://www.mfa.bg/en/pages/109/index.html>

## MONETARY SYSTEM

The national currency is the Bulgarian Lev (BGN). Bank notes of the following denominations are in circulation: 1, 2, 5, 10, 20, 50, 100 Levs. 1 Euro = 1,95 Levs.

## CLIMATE

Moderate continental climate: mild spring and autumn, hot summer, cold snowy winter. It is usually cold and rainy in the end of October. Daily temperatures range from 5o to 12o C. For current conditions in Bulgaria you can visit:

<http://weather.cnn.com/weather/forecast.jsp?locCode=LBSF>

## TIME

Local summer time: UTC/GMT + 3 hours

## ELECTRICITY

220 Volts, 50 Hz

## ELECTRIC PLUGS

“Schuko” plug (type F) and round pin attachment plug (type C).