



**7th INTERNATIONAL CONGRESS
ON CARDIOVASCULAR DISEASES (7th ICCD)**

**Sofia, Bulgaria
October 24 - 26, 2013**

Theme: Atherosclerosis, Hypertension and Coronary Artery Disease (Drug therapy, Nutraceuticals, Lifestyle, Health, Diseases Prevention)

Website ICC: www.iccsk.bizpa.in

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For registration you can use also:

<http://www.cim.bg/index.php/en/view/wccn-and-iccd-2013>

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International College of Nutrition
Tsim Tsoum Institute, Krakow, Poland
Taiyo Kagaku Co.Ltd, Yokkaichi, Japan

Dear friends,

We are pleased to welcome you to this city of history and culture. Chronic diseases including cardiovascular diseases have become a worldwide problem due to rapid transition from under nutrition to over nutrition. The definition of ideal vs. normal physiological limits of blood pressure, blood glucose and coronary obstruction remains wanting. Public education at large in all aspects of computer assisted self-help for prevention and treatment of chronic diseases including hypertension and metabolic syndrome is essential & urgent. There are further needs in discovering/designing new drugs & time-structure delivery systems.

Control of poverty and under-nutrition has been associated with decrease in deaths related to non-chronic diseases (infections, contaminations) in the whole world. However, chronic diseases (obesity, diabetes, cardiovascular disease, cancer) have taken the lead because no sufficient consideration was given to mind-body interactions in relation to diet and lifestyle factors, which are major precursors of those modern diseases. Chronobiology offers a unique platform of development of an evidence-based scientific approach of Mind-Body interactions and - in turn - of Chronotherapy with drugs and nutraceuticals.

The 7th ICCD program areas would range from molecular and cellular biology of Atherosclerosis, Hypertension and Coronary Artery Disease and related echocardiography, drug therapy and lifestyle factors with major emphasis on how to prevent restenosis after angioplasty and how to bypass the need for bypass surgery.

Concurrent sessions on clock-wise functional foods & nutraceuticals for reversals of chronic degenerative diseases targeting mind-body connection (TsimTsoum Concept) will receive proper attention.

Young scientists will meet with their peers & field-leaders.

We invite you personally to register to the event & to make it the greatest success ever. We commit to introduce you to more than 500 delegates in a unique industry/market-oriented venture.

Dr Krasimira Hristova, MD, PhD, FESC
Secretary General

International College of Cardiology:

Dr Adarsh Kumar, MD, DM, FICC
President, ICC

Dr Daniel Pella, MD, PhD (Slovakia)
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Dr JP Sharma (India),Dr Kumar Kartikey (India), Dr Garima Singh (India)

Industry coordinator:

Dr Fabien De Meester (Belgium)
fdm@tsimtsoum.net

Scientific program topics:

Biology and biochemistry of vascular and myocardial cell
Epidemiology of nutritional factors and Cardiovascular Diseases
Nutrition, Risk factors and novel biomarkers of Cardiovascular Diseases
Prehypertension, Hypertension and premetabolic syndrome
Coronary artery disease and atherosclerosis
Echocardiography, Electrocardiology and Ambulatory BP Monitoring
Gut-Brain-Heart Connection and Liver-Brain-Heart Connection
Chronocardiology and Chronotherapy
Antiplatelets and Anticoagulents Therapy
ACE-Inhibitors, Beta Blockers, Calcium Channel Blockers
How to prevent the need for Angioplasty and Bypass Surgery
Nutraceuticals, Physical activity, Yoga and wellbeing
The Tsim Tsoum Concept of health and designer's foods
Agricultural Policy and designer crops, Sports and Yoga in Schools and
Office for Prevention of CVDs and other Chronic Diseases (Bulgaria Declaration
of International College of Cardiology)
Nutritional prevention of Cardiovascular diseases-Public Education

Scientific program schedule at a glance:

October 24-26, 2013

8:30 - 9:30	Inauguration 7 th ICCD, BSC- on Oct. 25
9:30 - 10:30	Plenary lectures
10:30 - 11:00	Coffee-break
11:00 - 13:30	Symposia
13:30 - 14:30	Lunch
14:30 - 16:30	Symposia
16:30 - 17:00	Coffee-break
17:00 - 18:00	Industry symposia
18:00 - 19:00	Public education

Orations and awards:

Please contact Dr Daniel Pella, Executive Director, ICC, Daniel.Pella@upjs.sk
The awards are: Dr Franz Halberg Award, Dr Kuniaki Otsuka Award, Dr H Mori Award.

ICC Oration.

Keynote speakers:

Dr NS Dhalla (Guest of Honour) Cardiomyocyte
Dr Kuniaki Otsuka (Japan) Chronocardiology
Dr Franz Halberg (USA) Nobel Prize Nominee, CHIEF GUEST-Chronocardiol
Dr V V Muthusamy (India), Drug therapy of Hypertension
Dr Brian Tomlinson (Hong Kong), Genetics in CVDs
Dr DW Wilson (UK), Liver-Pancreas and Brain-Heart Connection
Dr Germaine Cornelissen (USA), AMBP
Dr C W Kong (Taiwan), CAD prevalence
Dr Jan Fedacko (Slovakia), Echocardiography in CHF
Dr Rafae Rybar (Slovakia), Antioxidants CoQ10
Dr Osmo Hanninen (Finland), Risk factors of Atherosclerosis
Dr Sergey Shastun (Russia), BP Variability, the future of CV protection
Dr J P Chandel (India), Vascular disease in Diabetes
Dr AK Gupta (India), Gliptins in diabetes and vascular disease
Dr M Moshiri (Iran, Canada), Physical activity and CAD
Dr R Paoletti (Italy), The Future of Preventive Cardiology
Dr Stephen Harrap (UK), Hypertension and Future of CV protection
B S Lewis (Italy), CAD
Hyun Ho Shin (Korea), Lipids
Moon-Kyu Lee (Korea), Atherosclerosis
Sung-Rae Kim (Korea), Risk Factors of CAD

Abstracts:

The abstract should have less than 200 words; type only on one page font size 12.
Type title in capital letters, names in the second line, followed by institution, city and country continuously. Leave one space then type the abstract; including background, objective, methods, results and conclusions. Type address for correspondence at the end with email address and tel/fax. The abstracts should be send by e-mail: abstracts_icc@abv.bg until 31.05.2013.

Partners:

Taiyo Kagaku Co. Ltd, Yokkaichi, Japan (Dr Lekh Juneja, Japan)
Tehran Gym Club, Iran (Dr M Moshiri, Canada)
Development of Management Frontiers, Belgium (Dr Fabien De Meester)
The Tsim Tsoum Institute, Krakow, Poland